

ST JOSEPH'S NEWS

WEEK 3, TERM 3, 2024



This Week at Joeys

Olympic fever has swept through the classrooms! Each year selected a country to cheer for and learned and shared more about it throughout the week. What an engaging way to expand our geography knowledge! Friday's Olympic Mufti Day (complete with closing ceremony) should be a lot of fun!

Thanks for your support as we trial our new Canteen system. We hope to tweak and expand the offerings, but need to support our local suppliers through the transition first, too. Every new system has a few challenges but we are really hopeful this will work well for our community and alleviate pressure on parents to have to manage and volunteer at the Canteen. Lunchfox have been a great help so far.

This week, Year 6 began their Public Speaking. This will continue across all year groups throughout the term. It's been inspiring for other classes to watch our Year 6 students present their well-researched and articulate speeches - and a big reminder that these students are just half a year away from starting high school in 2025!

Speaking of 2025... We're thrilled to let you know our Kindy class for next year is now officially full (and we have a very long waitlist too)!


Virginia Outred, Principal



Book Week

Book Week will be celebrated Sept 9th - 13th. Also, the Book Week Parade will be on Thursday 12th at 9.15 on the basketball court. All welcome to watch!

Father's Day

Friday August 30th is our special Father's Day breakfast celebration. Thank you to our Year 1 class parents Ellen and Sean for organising! Orders are now open via QKR and close Tuesday Aug 27th. See flyer below for more details.

What's On at Joeys

Public Speaking in Term 3

There's a reason we do Public Speaking across all year groups. Firstly, because it's part of the NSW English Curriculum around mandatory oral language and communication outcomes. Public speaking is the forum for our students to learn the skills embedded in these outcomes. But it's also a great, safe and supportive way for our students to challenge themselves. In their futures, our Joeys will likely need to express themselves in groups, and Public Speaking – even at a young age – is a good way to learn to develop clear communication skills and presentation techniques.

That's not to say Public Speaking isn't very intimidating for some! We encourage students to choose subject matter linked to the topics that they are passionate about. It's also important to remember that nerves are normal. The best way to manage those butterflies? Practice and prepare!

Let your child know that physical signs of nerves like a pounding heart and shaking hands are just that – nerves making themselves known. It doesn't mean they will perform badly. In fact, some nerves are good! That adrenaline rush also makes you more alert. Practising and preparing will help build confidence. Help by listening to your child's speech until they feel comfortable with it – and give lots of positive reinforcement.

Olympics Day

Tomorrow, we're embracing the Olympics fever and having a day themed around this special sporting event. Students should come dressed in mufti, in the colours of the flag for the country their Class is collectively cheering on!



Kindy: Italy 🇮🇹
Yr 1: Japan 🇯🇵
Yr 2: Belgium 🇧🇪
Yr 3: USA 🇺🇸
Yr 4: Germany 🇩🇪
Yr 5: France 🇫🇷
Yr 6: Australia 🇦🇺 (Green & Gold)

Friendology – Parent Tip

Let's be honest, friendships are easy for kids when they're getting along. However, Friendship Fact #1 reminds us that "No friendship (or relationship) is perfect." This means, it's normal to have Friendship Fires once in a while! But, what if it's MORE than once in a while... What if these Fires are constant?

Many kids will admit they've experienced a high-conflict friendship... and it can feel very challenging when a friendship goes from the Green-Zone to the Red-Zone regularly. Words that children often use to describe these up-and-down friendships include: Unpredictable, hard, and exhausting.

"Fiery Friendships" can feel especially confusing for parents, as their child oscillates between "Best Friends" and "They're not invited to my birthday party!" For teachers, these students can sometimes cause a lot of drama for classmates who sometimes find themselves caught in the middle (what we call in our Friendology friendship skills curriculum, a Friendship Sandwich! It's sticky and messy in there!).

So, what can we do to support a child in this type of everyday-is-different friendship? Pop on over to the [URStrong blog](https://urstrong.com/high-conflict-friendships/) for lots of really helpful tips: <https://urstrong.com/high-conflict-friendships/>



Follow Us:

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Key Info

Things to Remember

Friday August 9th: Olympics Day – Mufti for everyone!

Thursday August 15th: Northern Beaches Catholic Schools Zone Athletics at SOPAC Homebush

Thursday August 15th: Yr 6 Iceblock fundraiser. Orders open soon!

Thursday August 15th: Holy Day of Obligation for the Assumption of the Blessed Virgin Mary. Yr 3-6 will attend Parish Mass at 9.30. K-2 will have liturgy in the Church at 2.30

Wednesday August 14th: ICAS English Assessments

Thursday August 22nd: Parent Engagement Session – Science activities. 2.15pm in classrooms.

Week commencing Mon Aug 26th (Week 6): ICAS Maths assessments

Monday 26th August: P&F Meeting. Details will be sent via Compass

Friday August 30th: Father's Day breakfast

Monday Sept 2nd: School Public Speaking class winners' presentations

CHANGED: Monday Sept 9th – Fri Sept 13th: Book Week! Parade day Thursday Sept 12

Thursday Sept 5th: Primary Schools Band Day at Mater Maria

Tuesday 17th Sept 17th: Stage 2 (Years 3 & 4) Soccer Gala Day

Friday Sept 27th: Last Day of Term 3

How to Sign Up for Canteen

READY FOR DOWNLOAD!

The LunchFox app is now ready to download! Here's what you need to know ...

Head to the App or Google Play store and download LunchFox

Create a profile for your children, searching for St Joseph's Primary, Narrabeen in the 'school' field

Sushi Way & Deli on Waterloo will **deliver on Mondays** and **Nourished on Fridays**, from Monday 29th July

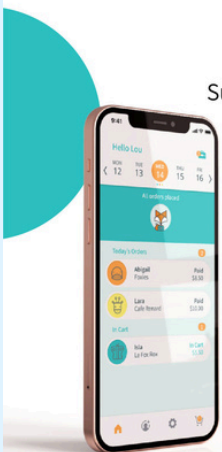
You have until **midnight the night before to place your orders** - we'll remind you!

You can change the date of your order via the homescreen up until midnight the night before

All orders will be delivered straight to school

Your school will receive **5% commission** on every order you place!

Email info@lunchfox.com.au with any questions



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Father's Day

Friday August 30th



Join us for a
Father's Day celebration
breakfast, games and
classroom visits.

Friday 30th August
7.30-9am
(classrooms open
from 8am)

Pre-order your breakfast
via the QKR app by Tue
27th August or you are
welcome to BYO

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Band Info

Lessons, Fees and more

Learn an
instrument and join
the Joeys School
Band!



**JOIN TODAY, DON'T
DELAY!**



*Which instruments
can I play in the
Joey's Band?*



flute, clarinet,
saxophone, trumpet,
trombone, percussion,
keyboard, bass guitar



**MusicLinks is running their renowned School Band
Program at Joeys!!!!!!**

**Weekly Band rehearsals and the choice of private or
pair lessons held on site at school*

JOIN THE FUN



Find all the important information and registration via this QR code



Contact the MusicLinks
office on:
0405 868 500
band@musiclinks.com.au
www.musiclinks.com.au/joey

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Ignite Conference

Information

IGNITE CONFERENCE is a landmark Catholic gathering - four days of real-world formation, renewal of faith, great people and powerful worship. It's a bold vision for a Church that is hungry to **gather, to encounter Jesus, to go deeper in faith** and to be sent out.



POWERFUL SPEAKERS

INSPIRING RALLIES OUTDOOR FESTIVAL
SOURCE & SUMMIT SACRAMENTS
ENGAGING & PRACTICAL WORKSHOPS



LIVE WORSHIP FROM
EMMANUEL
WORSHIP

SOMETHING FOR
EVERYONE

STREAMS FOR
KIDS, HIGH SCHOOLERS,
YOUNG ADULTS AND
DEEPER FORMATION
FOR 25+



BRISBANE

19-22 SEPTEMBER 2024
ST LAURENCE'S COLLEGE, SOUTH BRISBANE

HOSTED IN & SUPPORTED BY
THE ARCHDIOCESE OF BRISBANE

**GREATER
SYDNEY**

26-29 SEPTEMBER 2024
CATHEDRAL PRECINCT, WAITARA

HOSTED IN & SUPPORTED BY
THE DIOCESE OF BROKEN BAY

www.igniteconference.com.au

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NATIONAL CATHOLIC CONFERENCE

IN THE NAME OF
JESUS CHRIST
OF NAZARETH,
RISE UP AND WALK.
ACTS 3:6-7



RISE UP!

IGNITE CONFERENCE 24

BE IN THE ROOM
BRING A GROUP
SPONSOR A DELEGATE
BRING A FRIEND



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